



THUASNE®

FROST FREE

SKIN FRIENDLY

*COLD OR HEAT
FROM ONE PACK*

SLEEQ®

HOT COLD PACK

INSTRUCTIONS FOR USE

CAUTION

Prior to application check
temperature with palm of hand.
Overheating may cause burns.



Made in USA

Produced by: Core Products® for:

THUASNEUSA



Produced by: Core Products®

Composition: Food grade
Propylene Glycol USP,
Bentonite clay, water
Cover: Polyethylene/Polyester
*Latex free materials

HEAT THERAPY:

Indications: Relief of muscle spasms, muscle stiffness, joint stiffness, and chronic pain.

Contraindications: DO NOT USE on new injuries, open wounds, skin which has poor sensation, areas of the body with poor circulation, presence of infection, active bleeding, burns, localized malignant tumor, edema, skin disorders, or if diabetic.

INSTRUCTIONS FOR USE:

Place pack flat in microwave on high for 30 seconds.

Heat in 10-second intervals, kneading the pack after each heating interval and after desired temperature is reached.

DO NOT exceed 1 minute total heating time

Check Pack temperature with palm of your hand prior to application.

Apply Hot/Cold Pack for no more than 20 minutes at a time with a minimum of two minutes between uses, or as recommended by your healthcare provider.

DESCRIPTION / USE:

Reusable clay pack. SLEEQ Anchor Tabs included

Carefully read all instructions prior to use. Observe all instructions and warnings documented here. Failure to do so may result in bodily injury, product damage, or both.

PROPERTIES/MODE OF ACTION:

- Use cold: Soothes pain, reduces inflammation, bruises and edema/swelling.
- Use hot: Soothes pain, increases blood flow, relaxes.

COLD THERAPY:

Indications: Relief of swelling/inflammation/edema following muscle spasms, sprains, strains, trauma, and acute pain.

Contraindications: Do not use on open wounds, skin which has poor sensation, areas of the body with poor circulation, hypersensitivity to cold, or if diabetic.

INSTRUCTIONS FOR USE:

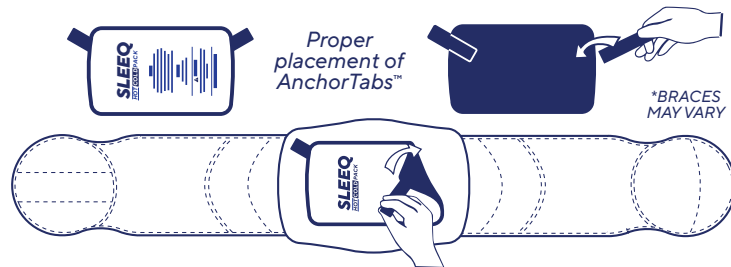
Place pack flat in freezer for at least 1 hour prior to use. Apply pack for no more than 20 minutes at a time with a minimum of 20 minutes between uses, or as recommended by your healthcare provider. To keep pack cold and ready to use store flat in freezer between uses.

APPLY TO SLEEQ BACK BRACES:



! IMPORTANT: Never place AnchorTabs™ or SLEEQ brace in microwave.

- 1.) Lay brace on a flat surface.
- 2.) Attach two SLEEQ AnchorTabs™ to black side of Hot/Cold pack.



- 3.) Attach Hot/Cold Pack on inside back panel of SLEEQ brace.*

CARE: Use damp cloth to wipe pack clean. If heavily soiled, pack should be discarded and replaced. To help prevent soiling, pack may be stored in plastic bag when not in use.

PRECAUTIONS: Use extreme care when heating and removing pack from microwave; overheating pack may cause pack to rupture and/or leak. Do not microwave more than 30 seconds at one time and never exceed 1 minute of total heating time. Do not use if pack is damaged and/or contents are leaking. Do not ingest contents. Only use while awake; applied heat that is either too hot or applied for too long can cause burns. Do not use on infants. Do not use for purposes other than intended per these instructions.

UNDESIRABLE SIDE-EFFECT: This device can cause skin reactions (redness, itching, burns, blister, etc.) or wounds of various degrees of severity.

Storage: Store at room temperature, preferably in the original packaging. **Disposal:** Dispose of in accordance with local regulations.

 TOWNSEND DESIGN
4615 Shepard Street
Bakersfield, CA 93313, USA

Keep this instruction leaflet.

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